

# Respite Services

Respite care is planned or emergency temporary care provided to families and caregivers. Respite programs provide short-term and/or "as needed" breaks for families in need of additional supports, or relief from the demands of daily care.

These activities are used as a means of increasing community awareness, promoting healthy lifestyles, enriching friendships, as well as continuing social skills development with peers, and community members. Emphasis is placed on providing participants with the opportunity to plan and attend an experience of their choice, independently.

## Community Respite Care

Focusing on unique wants, needs or goals, our community respite program allows the individual to participate in activities of their choice or work on individualized goals with a trained 1:1 support staff



## In-Home Supports

Supporting individuals from the comfort of their home and providing individualized programming surrounding literacy, art therapy, skill building, and so much more.



## Saturday Social

Recreationally-based, our Saturday social program continues to advance social and communication skills, foster and build meaningful relationships with friends, and provide a safe and inclusive environment in a fun, relaxed setting.

