

May 16th - May 20th 2022

Time Slots	Monday 05/16/22	Tuesday 05/17/22	Wednesday 05/18/22	Thursday 05/19/22	Friday 05/20/22
10:00-10:40 AM	FITNESS: CARDIO & ABS Let's get our heart rates up and burn those abs with these guided workouts	FITNESS: LEGS Guided lower body strength exercise	ZUMBA: PARTICIPANT CHOICE Bring your best moves!	FITNESS: CARDIO Let's get our heart rates up and moving with these guided exercise	ZUMBA: 90s Music Bring your best moves!
11:00-11:40 AM	MATH PRACTICE: SUBTRACTION Learn to take away numbers to solve simple math problems	ANIMALS: TIGERS Lets learn about these big striped cats!	SPELLING BEE Choose a category and spell it out	LITERACY: RHYMING WORDS It's your TIME to SHINE!	RIDDLES CORNER: GUESS THE FRUIT Guess the fruit to solve the riddle.
1:00-1:40 PM	TIME TRAVEL: MEDIAEVAL TIMES	TRAVEL THE WORLD: MONACO Grab your passports and we're exploring the culture, food and landmarks in	CHEFS CORNER: MICROWAVE NACHOS Ingredients: Tortilla Chips, Cheese, Salsa, Sour Cream, Toppings of your choice	MATH PRACTICE: TELLING TIME If you need a hand, we can help you with your question!	KARAOKE Grab your microphones... it's time to sing!
2:00-2:40 PM	LITERACY PRACTICE: PUNCTUATION Comma, period, question mark, exclamation mark... what to use, what to use	READING COMPREHENSION Reading short stories			ONLINE GAMES: DEAL OR NO DEAL Test your luck to win the game!