

May 9th - May 13th 2022

Time Slots	Monday 05/09/22	Tuesday 05/10/22	Wednesday 05/11/22	Thursday 05/12/22	Friday 05/13/22
10:00-10:40 AM	MINDFULNESS & STRETCHING Guided breathing and stretching	FITNESS: CARDIO Let's get our heart rates up and moving with these guided exercises	ZUMBA: PARTICIPANT CHOICE Bring your best moves!	FITNESS: ARMS Strengthen your arms with simple exercises	ZUMBA: 90s Music Bring your best moves!
11:00-11:40 AM	MATH PRACTICE: MONEY SKILLS CHA-CHING! Practice counting coins and bills	CROSSWORDS; PARTICIPANT CHOICE Cross your way UP and DOWN	SPELLING BEE Choose a category and spell it out	RIDDLES CORNER: THE FARM Use the clues to solve the riddle!	LANDMARKS: WALT DISNEY WORLD : Let's explore & learn about the magic behind the scenes of Walt Disney World
1:00-1:40 PM	ANIMALS: MOOSE Lets learn about a FAMOOSE Canadian animal	TRAVEL THE WORLD: SWEDEN Grab your passports and we're exploring the culture, food and landmarks in	CHEFS CORNER: NUTELLA BROWNIES Nutella, Eggs, Baking soda, Butter, Flour	MATH PRACTICE: ADDITION Let add them up & Solve them	KARAOKE Grab your microphones... it's time to sing!
2:00-2:40 PM	LITERACY: FACT VS FICTION Lets get factual	FOOD SCIENCE: PICKLES It's kinda a big dill learning all about pickles			CARTOON DRAWING: STITCH Calling all artists! Bring your crayons, pencil crayons, markers, or paints!