

Weekly Schedule

March 7th, 2022- March 11th 2022

Time Slots	Monday 03/07/22	Tuesday 03/08/22	Wednesday 03/09/22	Thursday 03/10/22	Friday 03/11/22
10:00-10:40 AM	MINDFULNESS & STRETCHING Guided breathing and stretching	FITNESS: CARDIO Let's get our heart rates up and moving with these guided exercises	ZUMBA: LATIN Show us your moves	FITNESS: ARMS Strengthen your arms with simple exercises	ZUMBA Show us your moves
11:00-11:40 AM	SPELLING BEE Choose a category and spell it out!	ANIMALS: ORCA WHALES Let's have a whale of a time	MATH PRACTICE: MONEY SKILLS CHA-CHING! Practice counting coins and bills	SPELLING BEE Choose a category and spell it out	CHEFS CORNER: BIRTHDAY CAKE Ingredients: Betty Crocker Rainbow Chip Cake mix, Icing, Sprinkles, vegetable oil, & eggs *Cake Pan, Whisk/Hand mixer, measuring cup & mixing bowl*
1:00-1:40 PM	EARTH SCIENCE: REPTILES You're guana love learning about these scaly friends!	LITERACY: FACT VS FICTION Lets get factual	ONLINE GAMES: HANGMAN Join your friends in a friendly game of hangman	ANIMALS: TIGERS Lets learn about these big striped cats!	KARAOKE Grab your microphones... it's time to sing!
2:00-2:40 PM	MATH PRACTICE: FRACTIONS It's Fraction Packed fun learning about it!	TRAVEL THE WORLD: BRITISH COLUMBIA Grab your passports and we're exploring the culture, food and landmarks of British Columbia			CROSSWORDS: FRUITS & VEGETABLES Cross your way UP and DOWN